

Highland Park  
United Methodist Church

# Junior High Youth

Summer Mission Trip 2009

## *Information Packet*

Questions? Please Contact Drew  
214.523.2149 or [seelmand@hpumc.org](mailto:seelmand@hpumc.org)

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## Trip Contacts:

Please, use only in the case of an Emergency during the trip.

**Stephen Lohoefer**, Junior High Youth Director:

**Drew Seelman**, Youth Missions Director:

**Tova Sido**, Youth Director:

# Frequently Asked Questions

## **Q.: What's this mission all about?**

We are going to Vero Beach, Florida to work on a church that has been under construction for 20 years – they told us at the beginning of their construction process their contractor left with all the money and the vendors that the contractor used held the church responsible. They are now beginning to rebuild their church. At the church we will be hanging insulation and drywall. We will also be painting in their main sanctuary. All the jobs we do will be supervised by their construction team – and we feel confident that these jobs will be challenging but will be able to be completed by our Junior High Mission Team/

## **Q.: Is it safe?**

Vero Beach and Sebastian, Florida are small Florida coastal Communities – when we were there we felt very safe. As with any travel we will make sure that we are cautious in our day to day activities.

## **Q.: Are there any medical considerations?**

**We are well equipped to handle most medical emergencies.** However, should one of the adults or youth need advanced medical attention, several hospitals are a very short distance away. Also, Drew is an Emergency RN, and he will be available if any youth need assistance.

Additionally, on the online medical form, please include and describe **ANY** and **ALL** pre-existing medical conditions including behavior conditions and medication-related allergies. This information will be held in the strictest confidence, but is required in case treatment of related or non-related conditions is necessary.

**If your youth takes ANY medications**, it's important to note that we will “take those up” and will have an adult whose sole responsibility is to manage the medications during the trip. This is for the safety of all the youth. If you have any questions, please don't hesitate to call Drew.

***\*\*Please have all prescription medications in their original package or ask the pharmacy for a package for the week that we will be on the trip. Please have them put a Pharmacy label on the medicine.***

***\*\*Please do not bring medicines in plastic baggies unlabeled; this is for your child's safety.***

**Do not for any reason discontinue prescription medications** (including any behavior-modifying medications) during the trip and please ensure an adequate supply is available for the trip.

## **Q.: What about food?**

All meals are organized and prepared by leaders on the trip. The youth will be eating well-balanced meals through out the week. We will be eating at the church and bringing lunches to the work sites. We will have plenty of food! Please notify Drew of any food allergies.

**Q.: What are the sleeping arrangements?**

We will be staying at Sebastian United Methodist Church. They are really excited about our coming and working in the area. We will be staying on the floor of the church in their classrooms. We will have showers while we are at the church. Please remember to bring your sleeping, cot or air mattress and pillow – this must be packed on the truck – Truck packing will take place Tuesday, June 16 from 6:00-6:30pm only – please do not be late bringing your stuff for the truck.

**Q.: Can I bring my cell phone or other electronics?**

The youth staff recommends that all cell phones stay at home. *If you feel that your child needs the phone to call home during the trip their cell phone is permitted for that use only.* Many times cell phones become a distraction; we don't want anything to distract us from our mission. The Youth Staff will have their phones with them for the trip, which may be called in emergencies.

Also, for the plane youth may bring video game systems, DVD players, iPod etc. These items are only for the travel time. They **MUST** be put away during the week. Each youth is completely responsible for their own electronic items.

Remember, anytime that a electronic item becomes a distraction the youth staff will keep the item until we return to Dallas.

**Q.: What are the travel plans?**

We are flying on AirTran Airways to Orlando

We will be renting 15 passenger vans while in Florida

***You must be at the airport at 5:30am – we need to be there 2 hours early for group travel***

***DO NOT BE LATE!!***

Saturday June 20: (outbound) DFW

AirTran # 916 - 7:30am – 10:55am

Saturday June 27: (returning) DFW

AirTran # 929 - 4:23pm – 5:39pm

**Q.: How much money do I need to bring?**

**Money Needs:**

- \$20 – for Kayaking event on Sunday (turn in tonight or with Lucy at the airport)  
(Youth Department will cover the remaining balance over \$20 for the event)
- Snack while traveling
- Extra Snacks during the week

## Trip Itinerary

### **Tuesday, June 16**

#### **6:00-6:30pm – Luggage Drop-Off**

- At HPUMC – Wesley Hall Entrance
- Please include: Luggage, Sleeping Bag, and cot (or air mattress)
- for ease of airport travel we will not be checking items on the plane

### **Wednesday, June 17**

#### **5am – Truck Leaving for Orlando**

**(Thursday – Friday) – Truck will arrive Sebastian/Vero Beach and prepare for arrival of group**

### **Saturday, June 20**

- **5:30am Arrive DFW Airport** – Please Don't Be Late!
- Due to group travel we are required to be at the airport 2 hours ahead of time
- 10:55a – Arrive Orlando
- Lunch
- Drive to Sebastian UMC – approx 1.5 hours
- Time at the Beach

### **Sunday, June 21**

- Worship at Church
- Event: Kayaking in Sebastian – with Adventure Kayaking
  - 3 hour tour – mild to moderate difficulty – some boats for 2 participants

### **Monday, June 22; Tuesday, June 23; Thursday, June 25**

- 6:30a - Wake up
- Breakfast at Church
- Head to Worksite
- Work
- Lunch at Worksite
- Work
- Approx. 2:30 – Clean up at worksite
- Free Time (possible beach time)
- Dinner
- Worship
- Small Groups
- 10:00p - Bedtime

### **Wednesday, June 24**

- Fun Day at Rock Springs at Kelly Run
  - This is a state park near Orlando – has a 30 minute float down the river with a 5 minute walk back to the start – there is an area to play in the natural springs and hang out.

### **Friday, June 26**

- 6:30a - Wake up
- Breakfast at Church
- Head to Worksite
- Work – finish projects
- Lunch
- Field Day

### **Saturday, June 27**

- Drive to Orlando and Fly home to Dallas
- BE AT AIRPORT at 5:20pm for flight arrival**
  - (we ask you come a few minutes early – the adults on the trip are exhausted by this point and they are ready to be home as well!)

### **Sunday, June 28**

- **5:00pm – BE AT CHURCH for Truck arrival and unpacking**
- Volunteers to help unpack? (email Drew)**
- Please make arrangements for your stuff to be picked up – things that are left at 5:30pm will be donated to local charities
  - (each year we have bags left and not picked up – we have no place to store these bags!
  - Thanks for understanding!)

# Packing List

Remember that you are going on a mission trip. Don't bring anything nice or expensive!

Space is limited – try and limit your items to:

- One Duffel Bag
- Sleeping Bag
- Cot or single sized air mattress

You may pack a small backpack for the Plane  
(must be a carry-on sized item – we will not be checking bags!)

## Clothing:

- Clothing for each day we are there
- Underwear and Socks for each day we are there
- Shoes / Flip flops to wear around church and showers
- Sweatshirt / Fleece (if it gets cool)
- Long sleeve t-shirts
- Work Clothes (old clothes that will get dirty)
  - Pants (no dresses or shorts)
  - Shirts (no tank tops or sleeveless shirts)
  - Socks
  - Shoes (sturdy – may need 2 options)
- Swimsuit (*Modest – girls: 1 piece*)
- Sunglasses
- Rain Gear

## Supplies:

- Sleeping bag, Pillow, Cot or Air Mattress
- **WATER BOTTLE** (Very Important – you will need this!)
- Toiletries (toothbrush, toothpaste, soap, shampoo, deodorant)
- Towels (for showers and beach)
- Flashlight (with extra batteries)
- Bible, Journal, and Pen
- Camera
- Sunblock (Very Important)
- Chapstick
- Insect Repellent
- Spending Money

## Work Supplies

- Work Gloves (leather is best)
- Hat / Visor (that can be worn at worksite)
- Putty Knife – good for taping drywall
- Paint Brush

Please put your name on your stuff!  
If you are worried you will lose it don't bring it!