

**Highland Park  
United Methodist Church**

**Junior High Youth**

**Spring Break Mission Trip 2010**

**Information Packet**

**Questions? Please Contact Drew  
214.523.2149 or [seelmand@hpumc.org](mailto:seelmand@hpumc.org)**

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**Trip Contacts:**  
(Emergency Calls only)

Drew Seelman, Student Mission Director

Tova Sido, Director of Youth Ministry

# Frequently Asked Questions

## **Q.: What's this mission all about?**

We are going to be working with One Mission Galveston. We are going to help people whose lives have been devastated by the hurricanes and cannot afford to move or fix their current homes.

## **Q.: Is it safe?**

Galveston can be a spring break hot spot, but we are not staying on the Island – we will be staying in Texas City, which is a much smaller community about 20 minutes away from the island.

## **Q.: Are there any medical considerations?**

**We are well equipped to handle most medical emergencies.** However, should one of the adults or youth need advanced medical attention, several hospitals are a very short distance away. Also, Drew is an Emergency RN, and he will be available if any youth need assistance.

Additionally, on the online medical form, please include and describe **ANY** and **ALL** pre-existing medical conditions including behavior conditions and medication-related allergies. This information will be held in the strictest confidence, but is required in case treatment of related or non-related conditions is necessary.

**If your youth takes ANY medications**, it's important to note that we will “take those up” and will have an adult whose sole responsibility is to manage the medications during the trip. This is for the safety of all the youth. If you have any questions, please don't hesitate to call Drew.

***\*\*Please have all prescription medications in their original package or ask the pharmacy for a package for the week that we will be on the trip. Please have them put a Pharmacy label on the medicine.***

***\*\*Please do not bring medicines in plastic baggies unlabeled; this is for your child's safety.***

**Do not for any reason discontinue prescription medications** (including any behavior-modifying medications) during the trip and ensure an adequate supply is available for the trip.

## **Q.: What are the sleeping arrangements?**

We will be staying at a Christian Camp, Camp Good News. They have cabins with bunk beds. Each cabin will have at least 2 adults with the youth. There are individual showers and restrooms for each cabin.

## **Q.: What about food?**

All meals are organized and prepared by leaders on the trip or by the Camp Good News Staff. The youth will be eating well-balanced meals through out the week.

**Q.: Can I bring my cell phone or other electronics?**

The youth staff recommends that all cell phones stay at home. *If you feel that your child needs the phone to call home during the trip cell phone is permitted for that use only.* Many times cell phones become a distraction; we don't want anything to distract us from our mission. The Youth Staff will have their phones with them for the trip, which may be called in emergencies.

Also, for the van ride youth may bring video game systems, DVD players, iPod etc. These items are only for the van ride going down to Camp and coming home. They must be put away during the week. Each youth is completely responsible for their own electronic items.

Remember, anytime that a electronic item becomes a distraction the youth staff will keep the item until we return to Dallas.

**Q.: What are the travel plans?**

We will be driving 15-passenger vans on this trip. Our adult volunteers and youth staff will drive the vans. They have been notified of our church policy about not talking or texting on a cell phone while driving the vans.

LUGGAGE DROP OFF: Thursday, March 11 – 5-5:30 (may keep a SMALL backpack for travel days)

LEAVING FOR TRIP: Saturday, March 13 – 9am

RETURNING HOME: Friday, March 19 – 4pm (tentative – youth will call when 1 hour away)

**Q.: How much money do I need to bring?**

**Money Needs:**

- Lunch while driving down to Galveston on March 13
- Lunch while returning to Dallas on March 19
- Snacks while driving
- Extra Snacks during the week

# Trip Itinerary

## **Thursday, March 11**

### **5:00-5:30pm – Luggage Drop-Off**

- At HPUMC – Wesley Hall Entrance
- Please include: Luggage, Sleeping Bag, and cot (or air mattress)

## **Saturday, March 13**

### **- 9:00am Arrive Church BASEMENT – Please Don't Be Late!**

- Lunch on your own
- Drive to Camp Good News – approx 6 hours

## **Sunday, March 14**

- Worship at Camp
- Afternoon: Swim, Lake, Blob, Go-karts

## **Monday, March 15 – Thursday, March 18**

- 6:30a - Wake up
- Breakfast at Camp
- Devotion time
- Head to Worksite
- Work
- Lunch at Worksite
- Work
- Approx. 2:30 – Clean up at worksite
- Free Time
- Dinner
- Worship
- Small Groups
- 10:00p - Bedtime

## **Friday, March 19**

- 6:30a – Wake up
- Breakfast, Pack, Clean up camp
- 9am – Leaving Camp – driving to Dallas
- Lunch on your own
- Approx 4pm – arrive at HPUMC – (youth will call approx 1 hour before)

## **Saturday, March 20**

- 4:30pm – BE AT CHURCH for Truck arrival and unpacking
- ***Please make arrangements for your stuff to be picked up – things that are left at 5:00pm will be donated to local charities (each year we have bags left and not picked up – we have no place to store these bags! –Thanks for understanding!)***

# Packing List

Remember that you are going on a mission trip. Don't bring anything nice or expensive!

Space is limited – try and limit your items to:

- One Duffel Bag
- Sleeping Bag and Pillow in one duffel bag (not trash bag)
- Cot or single sized air mattress

You may pack a small backpack for the vans

## Clothing:

- Clothing for each day we are there
- Underwear and Socks for each day we are there
- Shoes / Flip flops to wear around church and showers
- Sweatshirt / Fleece (if it gets cool)
- Long sleeve t-shirts
- Work Clothes (old clothes that will get dirty)
  - Pants (no dresses or shorts)
  - Shirts (no tank tops or sleeveless shirts)
  - Socks
  - Shoes (sturdy – may need 2 options)
- Swimsuit (Modest – girls: 1 piece)
- Sunglasses
- Rain Gear

## Supplies:

- Sleeping bag, Pillow, Cot or Air Mattress
- **WATER BOTTLE** (Very Important – you will need this!)
- Toiletries (toothbrush, toothpaste, soap, shampoo, deodorant)
- Towels (for showers and beach)
- Flashlight (with extra batteries)
- Bible, Journal, and Pen
- Camera
- Sunblock (Very Important)
- Chapstick
- Insect Repellent
- Spending Money
- Trash bag for dirty clothes

## Work Supplies

- Work Gloves (leather is best)
- Hat / Visor (that can be worn at worksite)

Please put your name on your stuff!  
If you are worried you will lose it don't bring it!